



CHURCH OF CHRIST THE CORNERSTONE

# *The Gift of Giving*



## *Lent Meditations*

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# LENT 2

25|50MK  
2017 Celebrations

# TIME FOR GOD

There are 86,400 gifts which God gives us every day. Or 1,440 gifts if you prefer minutes to seconds. Within that span what can we 'spare' to give back to God?

Suppose if someone said to you, ' I have no time for God. Literally. Don't get me wrong, I wish I had. I love the hour in church every Sunday. I wish there were a ten or twenty minute space in my daily life, but there just isn't. When I wake up, I drink my cup of tea, read my emails, listen to the news, get up, wash and dress, snatch a breakfast, go to work from nine to five, drive home, do some chores, cook dinner, go to a meeting or relax by the T.V. and then collapse into bed exhausted. I wish there were time to pray for myself and others. I'd even like to meditate, but there just isn't time.' How would you respond? 'Me too.' is not the best answer.

Let us suppose that somehow or other we did manage to find 10 of those 1,400 minutes. We could sing (out loud or to ourselves) a verse or two from a hymn of praise for one minute, and we could spend another minute thinking about the words we have just sung. We could say the Lord's Prayer slowly and thoughtfully in the next minute. During the next sixty seconds we could go back over the past 24 hours and think of the good moments, and say 'Thank you Lord,' Then 60 seconds on things that went not so well and what perhaps we need to say sorry for. Then sixty seconds remembering friends and family and stresses they may be having. One minute for prayer for the sick and needy everywhere, and if that is your tradition, the departed. Then ask for God's blessing on your present needs in the day or days ahead Pray, 'Come Holy Spirit' and stay silent and listen. Jesus said, ' My peace I give to you.' Enter into that peace. We might

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just find that these become the most important ten minutes of your day. Try it. There is no penalty if you do overtime, but there is a reward. I will leave you to discover it.

### **QUESTIONS TO CONSIDER**

1- What time of day is best for private prayer and why?

2- Where is your favourite place for prayer and why?

You may choose to consider these questions as a group, with friends or on your own. If you want to discuss any aspects further, either discuss with your group leader or contact the ministers.

### **PRAYER**

Come Holy Spirit, our souls inspire, and enlighten with celestial fire.  
Amen

### **IMAGINE...**

Imagine yourself on the Mount of Transfiguration in northern Galilee. The sky is full of stars and it is a few minutes before dawn. Stay silent for two minutes, then pray.



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